

Lunch Menu



Starts and Shares

- Deviled Eggs** Five eggs, topped with bacon, pickled chili and chives 8
- Honey Buffalo Chicken Wings** Served with celery and blue cheese dressing 11
- Crab Cakes** Served with sesame seaweed salad and sweet chili jam 12
- Shrimp Cocktail** 2.5 each
- RI Calamari** Tossed with hot pepper rings and served with marinara sauce 13
- Hummus Plate** Served with our own marinated olives, grilled pita bread and vegetables 14
- Stuffed Quahog** Served with a sesame seaweed salad 6 each
- Charcuterie Board** An assortment of cured meats and cheeses, our own marinated olives
Medjool dates and candied walnuts 22

Soups and Salads

- New England Clam Chowder** cup 6 bowl 8 **Soup du Jour** cup 5 bowl 7
- Roasted Local Beets & Quinoa** Goat cheese, greens and walnut granola with a citrus dressing 14
- The Nest** Chicken, tomato, avocado, applewood smoked bacon, sunflower seeds, feta and a deviled egg 15
- Baby Spinach** Red wine poached pears, walnuts, blue cheese, raisins & honey mustard dressing sm.9 lg.13
- Mixed Greens** Cucumber, tomato, goat cheese and croutons with a honey & poppy seed vinaigrette sm.7 lg.11
- Caesar Salad** Chopped romaine hearts, shaved parmesan and croutons sm.8 lg.12
- Apple Salad** Blue cheese, apples, walnuts, raisins, red onions and granola with balsamic dressing 13
- Summer Salad** Mixed greens with berries, mint, feta cheese and red onions, honey & poppy seed vinaigrette 14

Add – shrimp 2.5 each, chicken 7, salmon 10, sesame tuna 10, flat iron steak 10

Grilled Pizza

- Margherita** Fresh buffalo mozzarella, grape tomatoes, marinara and fresh basil 14
- Chouriço & Bacon** Onions, marinara, green peppers with provolone, cheddar and mozzarella 16
- Fig & Brie** Fig jam and Brie cheese with honey and prosciutto, finished with arugula and a fig balsamic glaze 16



Sandwiches

Sandwiches and wraps with your choice of fries, fruit or mixed greens

- California Wrap** Roast turkey, avocado, lettuce, tomato and spicy mayonnaise 13
- Sesame Tuna Wrap** Rare with seaweed salad and wasabi mayonnaise 14
- Chicken Caesar Salad Wrap** Romaine lettuce, parmesan cheese and Caesar dressing 13
- Chicken and Smoked Gouda Sandwich** With bacon, coleslaw, romaine lettuce and tomato 13
- Grilled Chicken and Swiss Cheese** With honey mustard, lettuce and smoked ham on a brioche bun 13
- Tuna Melt** Tuna salad on grilled white bread with American cheese 12
- Aviary Burger** Beef burger with American cheese, bacon, avocado, tomato, lettuce and onion 14
- Total Meltdown Burger** Beef burger smothered in Swiss cheese, grilled onions and mushrooms 15
- ## ***Entrees***
- Crab Cakes & Chowder** Served with a sesame seaweed salad and sweet chili jam 16
- Blackened Fish Tacos** Grilled flour tortillas, pickled red cabbage, guacamole and pineapple salsa 13
- Pan Fried Salmon** Roasted broccoli and fingerling potatoes with a honey and jalapeno aioli 18
- Fish & Chips** Beer battered cod served with fries, coleslaw and tartar sauce 18
- Vegetable Pasta** Penne pasta, tomatoes, spinach and seasonal vegetables 15
- Pasta Pomodoro** Fettuccine, grape tomatoes, tomato sauce, basil and garlic 14
- Bolognese** Veal, pork and beef slowly cooked in a San Marzano tomato sauce, tossed with fettuccine pasta 21
- Flat Iron Steak** Parmesan truffle fries, arugula and grape tomato salad and barbeque sauce 19